

# The Jag ROAR



Photo by Mike Cirelli

Senior Class President Nick Panzini welcomes students to the pep rally

### WHS brings spirit back!

**By Harper Bull** JagRoar Staff

WINDHAM - After nearly two years without a pep rally, Windham High School came back in style on October 19th. Despite setbacks involving COVID-19 safety and a lack of available space, students finally had the opportunity to support their grade at the October 19th rally. Mrs. Bishop, a teacher who had a huge part in planning the pep rally said, "COVID made it very challenging to plan and host events, but also presented new ways for us to get creative with events."

She was excited to finally be able to see everyone enjoying themselves, and said it's one of her favorite parts of the pep rallies. Student council also had their hands full with planning.

"I am super excited for today. I think the seniors are definitely going to win the pep rally today" -Alexa Breen

Erin Murphy, Junior class president and large contributor to the rally, said, "Because we only had two days, there were a lot of late night Face-Times and emergency student council meetings." Despite these challenges, Murphy thinks the work has paid off in the form of an enjoyable high school experience for everyone who gets involved. "I love the energy that each grade brings," says Addie Keely, who attended the rally on Friday. "I had so much fun, and it's so nice to be able to do these things again."

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# Jag Opinion

### Social Media Is Killing Us

By Kayla Stevens JagRoar Staff

WINDHAM – According to a recent article, "How the Corona Virus Is Changing US Social Media Usage" the use of social media apps such as TikTok, Snapchat, and Instagram has grown in popularity since the coronavirus pandemic in 2020. In addition, the prevalence of mental health issues has increased as well.

Many users of social media claim to experience fear of missing out, also better known also known FOMO, after scrolling. This emotion leads people to think poorly of themselves and as a result lowers their self esteem.

The increased use of social media over the past few years has ruined people's mental health, and it's time to raise awareness about the downfalls of social media.

According to the Pew Research Center, 69% of adults and 81% of teenagers use social media. This puts a vast amount of the population at an increased risk of feeling anxious, depressed, or ill due to their social media use.

When looking through other people's social activity, users tend to form comparisons such as, "Did my post get as many likes

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WANT TO JOIN? Contact Mrs. Sullivan! as someone else?," or "Why didn't this person like my post, but they liked someone else's?" They are looking for validation on the internet that would serve as a replacement for meaningful connections they could otherwise make in real life.

According to an article about social media use's connection to mental health by Medical News Today, about 1 in 4 Americans ages 18 and older suffer from a diagnosable mental disorder in a given year.

When using social media, people are viewing pictures and videos that have been posted by influencers. Many of these images have been edited or enhanced, but many users are not aware of

that, which causes them to potentially create unrealistic expectations in their head.

Junior class president and advocate for mental health, Erin Murphy said, "I think people are getting onto social media so young these days and are immediately forming these unrealistic expectations for themselves at lets say 11 years old which they then are carrying with them."

While there are many positive sides to social media such as connecting with family members, sharing ideas about common interests, and raising awareness for key issues, many people get far too reliant on social media use to communicate with others.

"People today are spending more time interacting with people online as opposed to in person and it causes people to hide behind a screen and just bash others instead of having an intelligent conversation with someone face to face," said Mrs. O'Connell, a WHS psychology teacher.

Avid user of social media and 18 year old senior, Morgan Veilleux said, "If I am not on my phone for a long period of time I feel like I am out of the loop and missing out on things."

"I go on TikTok pretty much every night before bed and sometimes it's bad cause I just lose track of time and then I have a hard time falling asleep after" said Veilluex.

It's common knowledge that social media affects negatively the brain, but just how much damage is scrolling through Tiktoks, Instagram posts, and Snapchat stories causing?

"The brain isn't fully developed until 21 or 22 for women and about 25 for men, but as teenagers the frontal lobe is still developing, which is the part that does all your executive functioning, critical thinking, and decision making" said Mrs. O'Connell

With teenagers being more inclined to take risks, social media becomes more damaging since they don't fully have those critical thinking or decision making skills yet.



**Photo by Kayla Stevens** 

Jackson Milano uses SnapChat during class.

### Homework Is Not Beneficial

By Aaron Osiek JagRoar Staff

WINDHAM - Teens are stressed every day and night over the thought of homework. They are spending too much time on homework and not enough time enjoying their lives.

Teens should not be worrying about homework, and instead they should be living their lives and not feeling trapped by homework.

One major reason to reduce homework is the mental and physical health problems it causes for teens. According to ProCon. Org, high-achieving high school students talked about how "too much homework leads to sleep deprivation and other health problems such as headaches, exhaustion, weight loss, and stomach problems."

Students also have other activities and responsibilities outside of school, but if they are spending their time doing homework they have no time for said duties. Matt O'Connor, a Windham High School student, talked about his responsibilities outside of school. "I have to go to work after school... I usually am not able to start homework till around 10pm," Connor says. Hours of homework piled onto outside responsibilities can be overwhelming.

Kids also lack strong relationships with

their families previous generations had. Quality time is an integral part of forming bonds. According to the Editor in Chief, Natalie Regoli, "Homework creates a significant disruption to family relationships. Over half of all parents in North America say that they have had a significant argument with their children over homework in the past month."

Many proponents of homework argue that it is used to give students extra practice and a better understanding of the material taught. After students learn the material in school, they apply it to their homework later. This reinforces their learning.

However, homework doesn't always improve academic outcomes, according to Natalie Regoli, the author of "Should Homework Be Banned Pros and Cons." Homework is used to give students extra practice and a better understanding of the material taught. Mason Rice, a student at Windham High School, explains his opinion on homework, stating, "I hate it—there's nothing good about it." If homework has neither positive physical nor positive mental effects on the students, there is no point in assigning it. One point is that it shows students how to work independently and be responsible. However, there are countless other ways students



**Photo by Aaron Osiek** 

Chris Billone is hard at work trying to figure out his accounting homework.

can learn these important life skills which do not involve homework.

With these several points, it is evident that homework is detrimental to students. Overall, it negatively affects students both mentally and physically, and parents and teachers would never want to cause a student to go through those problems. For that main reason, I believe everyone should recognize and accept that homework should not be given to students.

### College Football; The Superior League

**By Jackson Milano** JagRoar Staff

Football is undeniably one of the most popular sports in the United States. However is NCAA college football or the National Football League (NFL) the superior league?

College football undoubtedly has more supporters and loyal fanbases. It is undeniable that no sport garners more true passion for games than college football. The fan bases are made of alumni and diehard fans who sometimes care more about their hometown team more than they do their job or even their own families..

College football has been played since the late 20th century —long before the beginning of the NFL. The college game has a rich tradition much more long standing than that of the NFL.

Some collegiate games, such as the Army Navy game, have more than 100 years of tradition, as the game has been played since 1890. Some other, more

recognizable, traditions in college football include Ohio State's amazing marching band. The college band adds to these games and helps boost the audience's morale when they play their team's favorite fight song.

The individual fanbases of these schools is what makes the sport so unique. Most of the big Division 1 programs' fan bases are made up of passionate alumni. This makes the games so much more personal to them and their hatred of rival schools so fierce.

Coach Jack Byrne, the head coach of Windham High school, had this to say about college football, "I believe college football is more entertaining, as a coach I like watching and taking some things from them."

When asked when he started following the sport Byrne said, "I must've been 6 to 7 [years old] watching it with my dad, his favorite team was USC."

Joe Nadeau, Junior at Suffolk University, added that he started watching college football his freshman year of high school.

When asked why college football was superior to the NFL he said, "I feel like it's a lot more competitive, more to lose, and just more heart because for most of them it's their last shot to play."

Aaron Osiek, a Senior student at Windham High school, is an avid fan of college football. Osiek said, "I'm a diehard Tennessee fan and can't stand when they lose a game." He's just one of the many crazy college football fans to walk the earth.

College football fans would rather watch a good old college game over the NFL. That being said, most of these college players will play their hearts out every week with their dream of making it into the NFL. Therefore, the NFL does deserve some credit for fueling this passion in college football players. However, I would still much rather watch a college game on any given Saturday.

Have something to say? Email ksullivan@windhamsd.org

### Mental health days benefit students

**By Reagan Murray** JagRoar Staff

WINDHAM - Every individual experiences mental health in different ways. In school students are expected to wake up five days a week, attend school from 7am-3pm, learn new information in several classes, study for quizzes, and complete assignment. Students commit to clubs, sports, band, etc, and they are still trying to find the time to do the basics in life like hanging with friends or family. Students are expected to rise to the occasion when life becomes overwhelming. Instead they should have the option to take mental health days off from school.

In many modern corporate workplaces, a mental health day permits employees to take a sick day for reasons other than physical illness. For school the same rules should apply. A student could take a break from school for a day to focus entirely on their wellness, removing the pressure and stress caused by schools. However, a sick day and a mental health day differ. When absent from school for mental health, students should not be required to make up missing assignments with the exception of summative assessments.

A mental health day wouldn't mean long periods out but one or two days as needed. It's important that all students get this opportunity because everyone deserves a break. However, students with a 504 program will be allowed to take days more frequently.

WHS Senior and Varsity Volleyball

player Cassie continues her passion outside of school on a high level travel team. She is one of many students who suffer from mental health disorders. "Mental health is almost a sickness in your head you can't just fix by taking an Advil. It is more than physical pain but its internal." Cassie said. "I personally suffer from anxiety and depression. Since seventh grade to high school I have dealt with poor mental health."

Due to Cassie's mental illness beginning at such a young age she has been trying to find a way to manage everything in her life. "School is very difficult and has always been, not so much the learning part but the physical aspect to it. I have always had anxiety but I get certain spikes (anxiety attack) when I have too many stressors."

Cassie said, "I think a mental health day would be useful. I can advocate for myself and others that people would definitely benefit from a day like this. It is a time where you can focus on you and allow a break without having to worry about so much all at once."

According to *New York Times* writer Christina Caron in "Teens Are Advocating for Mental Health Days Off School," mental health impacts 1 in 5 students across the globe in schools. "Late last year the advocacy group Mental Health America surveyed teenagers about the top three things that would be most helpful for their mental health. More than half of the respondents cited the ability to take a mental health break or absence from either



Photo by Reagan Murray

WHS Senior Nick Panzini stresses about math homework.

school or work. Also In a recent survey 78 percent of those students said schools should support mental health days to allow students to prioritize their health."

The surveys are proving students need a day not because they want to miss school but because they are trying to improve their mental health, and removing the worry about school for a day might help.

WHS parent Chris said, "A mental health day would be a great idea. My daughter especially would benefit and I also think it would even eliminate some of her stressors with school knowing that the school hears and sees her struggles and is there to help her achieve rather than set her up to fail. Sometimes school becomes too much and everyone needs to be able to take a minute to breathe."

### Matt Corral for Heisman

By Joey Hero JagRoar Staff

The Heisman Trophy is an award that has been given annually to the most outstanding college football player for nearly 100 years.

What should determine a Heisman Trophy winner? You must win big games, have a huge moment, integrity, a good story, and to be fair, a bit of recency bias. Matt Corral, checks many boxes, and has the potential to win the award.

Windham seniors Keegan Parke and Jackson Milano are quite confident that Ole Miss' quarterback Matt Corral will take the trophy. "I think he has the experience. He plays in a high scoring offense with a great coach. Overall I think he will have the stats to win it" says Keegan Parke.

Jackson Milano also says he has had the most surprising and impressive season so far. Mr. Case, the Offensive Coordinator at Windham High, likes Alabama's QB, Bryce Young. "Young's got the most talent around him." He says.

Here is why Young is not deserving of the award- Playing for

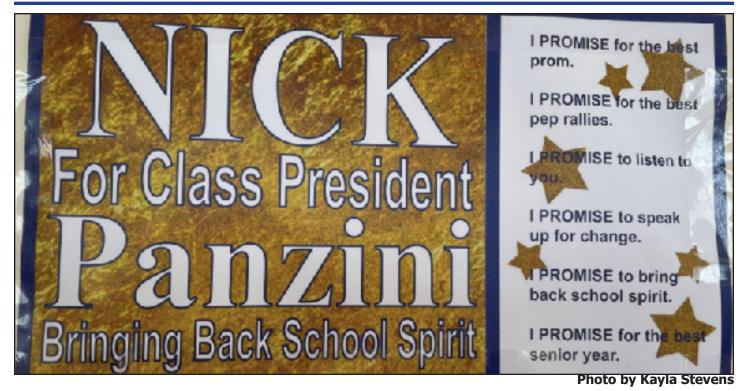
Alabama gives you an unfair advantage many say. Bryce Young is not what many think he is, and playing at Alabama gives you a much bigger platform and whoever plays the best at the highest stage will win. AL.com, an Alabama news resource, published an article in early September about the QB. "Everyone needs to take a cold shower. Young might not even be the best quarterback in the state of Alabama. A second-option receiver beat out Mac Jones for the Heisman in 2020, and somehow now his replacement is the more deserving frontrunner. See how ridiculous that sounds?"

Now, we don't know the candidates for certain yet. "Its really wide open... There is no clear favorite yet. I don't think we will know until the last few games of the year," Jackson Milano, a huge college football fan, says.

Coach Case says, "There's no clear cut favorite yet, there are alot of guys who got drafted who were great."

As for the winner, we won't know until Tuesday, January 5th at 8:00 p.m. You can watch it live on ESPN.

# Jag Activities



Campaign poster for Nick Panzini, a senior who ran for class president.

### Panzini focuses on school spirit

By Kayla Stevens JagRoar Staff

WINDHAM – The senior class of 2022 has voted in a new class president for their last year at Windham High School. For the past two years, Domenico Picciano has led the class. However, a new president was elected this year.

According to an email sent by assistant principal Mrs. Hanlon on September 22, 2021, the seniors at Windham met in the auditorium during advisory for student council speeches. Immediately after the speeches took place, students were sent a google form via email and had until 2:17 PM to cast their ballots.

The following day during advisory, the winning candidate was announced. Nicholas Panzini was declared the winner of the student council class president elections for the class of 2022.

In his speech, Nicolas Panzini said that ever since his freshman year, he has noticed that the school spirit at Windham High School has been declining.

"...Over the last few years, the things that make our daily life special have been taken away, and whether it's because of Covid or other reasons, I have seen that affect our school spirit," said Panzini.

He also touched upon decorations and budgeting. "I cannot allow these beautiful girls in expensive dresses to be photographed in front of an orange plastic tablecloth that has been taped to the wall,"he added, "I know I can make homecoming much more special."

One of Nick's constituents, Nour Elebiary, a senior, said, "I think of student council elections as a microcosm for the world when we get older." Elebiary also said, "The class president has a big role of representing everyone in the class as a whole."

After elections had taken place, Domenico Picciano, last year's senior class president, said he is really excited for his senior year and can't wait to see all the fun things planned.

"With Covid last year, I worked very hard to keep students connected, and I feel like it went very smoothly since we were able to run a fundraiser as well as have a class prom," Picciano said. Picciano also gave some credit to the person who inspired him to run for president 2 years ago, "My inspiration for running for president came from my freshman year class president, Brayden Haggerty," said Picciano.

Outside of the school, Nicholas Panzini was voted associate of the quarter at HomeGoods for leadership, work ethic, and teamwork despite only having worked there a couple months.

"We're all standing on the same floor," Panzini said, and he can't wait to hear ideas from all of the students he represents.

"At my house my family celebrates every event and makes sure everything feels special and I can't wait to just bring that experience into the school" said Panzini.

### WHS Student Council Showdown

**By Harper Bull** JagRoar Staff

WINDHAM – For student council members, it was time for speeches and elections once again. Last week at Windham High School, candidates for various school board positions got up on stage to vouch for their ability to lead their peers throughout the year. The meetings took place throughout advisory periods that week, in the hopes that results would come out on the 22nd of September. Finn Roach, who ran for Sophomore class Vice President, said, "I'm excited to work with the student council this year and maybe get to do some fundraising. Being part of

the student board is all about being a team player, and that's something I really look forward to." Roach hoped to make this year an exciting and memorable one, and do whatever he could to get the best out of his time as vice president. "I just really like to have fun," he said.

Everyone involved in the student council is dedicated to their roles. For most people, it's an opportunity to show off their leadership and guidance abilities, and have the position to make school years more enjoyable for the class they represent.

Bella Tran, who is running unopposed for Sophomore class president, said, "It's something I really love doing. I knew I could bring a fresh perspective to the student body... and I could test my skills in terms of understanding what [my] peers want. I hope we can reach some normalcy again, after what's been happening these last couple of years."

She is incredibly proud of what she's been able to accomplish as class president for the past two years, and wants to continue working hard to make sure school spirit stays alive. It was a very exciting time for the student council, with everyone involved doing their part to ensure a safe and successful year.

### Marine Science and Science Olympiad

By Anna Sychevsky Guest Writer

WINDHAM - Have you ever wanted to be a marine biologist? Ever got too excited when shark week aired? Or just loved the water? If so, the Marine Science Club is for you!

We are a trivia team that meets weekly on Fridays after school in F209 with Mrs. Berger to prepare for the Nor'easter Bowl, a marine science based trivia competition. We compete as a team to answer questions concerning our water bodies, the science behind them and their history, as well as more ethical topics including technology and laws pertaining to the waters of the world.

Feel free to come to a meeting or email Eleni and I at emouy-os23@windhamsd.org and asychevsky23@windhamsd.org.

Hello from the Science Olympiad team! We are so excited for this year as it means a return to competition for the team after two years of it being cancelled.

Science Olympiad is a cross-curricular, team-based, rigorous, science competition that challenges students of all backgrounds

and abilities to strive for excellence in all areas of science. You can build a bridge, a plane, or if you don't feel like building, you can study forensics or how to decipher code. We will prepare for this competition by meeting after school in Mr. Hans's room (F301) every Tuesday. These meetings will be there as a check in with your teammates and with us the leaders of Science Olympiad to make sure that everything is going as planned for everyone.

If interested, feel free to stop into a meeting or email asychevsky23@windhamsd.org, bsanchez22@windhamsd.org, and/or ndebruyckere22@windhamsd.org for more information.



### JCA club brings students together

By John Raulli JagRoar Staff

WINDHAM – The JCA is a club at Windham High School designed to bring students closer together through planned events. JCA or the Jaguar Community Alliance is meant to allow mentors to meet with students some of who have disabilities

This club is run by Michael Welch, a special education teacher at Windham High School. His main goal is to allow students to build personal connections with both other students and the school.

Mr. Welch said, "Mentors from the Uni-

fied human performance class and students who are looking to help others go to JCA events." The JCA is meant for disabled and non-disabled students to encourage communication and socialization with others. "By making personal connections with others through events, it creates a personal belonging. This personal connection towards school allows others to feel more connected to their communities," added Mr. Welch.

Mr. Welch started this club to give everyone a chance to begin to socialize and build friendships. "I believe every student deserves a chance and opportunity to socialize with their peers. Unfortunately all students with disabilities don't always get that chance," said Mr Welch.

The JCA has some very fun events that they do to promote the club. They host movie nights, video game nights, and more fun events. Mr. Welch elaborated, "[we do] Staff vs Students events such as the softball game and volleyball game. We also do movie nights, video games night, and other fun after school activities."

"People sometimes get hung up on the actual event or movie, but the point of the gathering is to socialize and meets others," Said Mr. Welch.

## Jag News

### Assistant Principals' Missions

**By John Raulli** JagRoar Staff

WINDHAM - As of this year, there are three Assistant Principals at Windham High School. Each one with a specific mission in mind.

Like any other high school WHS is not without problems. Some of these problems are minor and relatively inconsequential, but others aren't. The APs all have ideas on how to solve these problems.

"Schools need to be more interactive and student driven. It has been the same since I was in school. It needs more creativity," said Chris Blair, one of the Assistant Principals at WHS. Blair believes that the school system needs a change: "I want to make school suck less as an experience for kids. Not to say that Windham High School isn't good—I actually like it a lot. But I got into administration to make whatever school I'm working in better."

He has already begun working towards this goal by making school more interactive and supporting the students in their studies. When he notices a student who may be struggling he has a talk with them and tries his best to help them get through the problems that are burdening them.

WHS Assistant Principal Mrs. Hanlon has a similar goal. "My Goal is to make the students and faculty of Windham High School happy."

Hanlon believes that it is important for both students and staff to feel welcome at school. However, she has a secondary goal. She believes that vaping is a major problem in our community and that providing support and rehabilitation is more productive than just punishing students.

"We need to put more supports in place to help students who are addicted to vaping like working with specialized personnel and a progressive and creative avenue to discipline rather than suspending out of school. Continuing with in school sus-

"Schools need to be more interactive and student driven.

pensions or a mixture of both will allow students to stay in school and receive supports rather than being home on their own."

WHS Assistant Principal Mr. Gratton said, "I want to continue making a great

school great." He believes in building a positive environment in the school. "The value of building bonds with the students and staff are important," said Mr. Gratton.

The Assistant Principals all have their own missions but they all have one thing in common: a desire to help every student and make life better for everyone in the school. They also all agree on the belief that vaping is dangerous for students and

"Vaping can ruin a student's life and I don't want them to suffer for one mistake"

needs to be stopped.

"Vaping can ruin a student's life and I don't want them to suffer for one mistake," said, Mr. Blair. "Vaping is very unhealthy," said Mrs. Hanlon. "Not only is it unhealthy but it's illegal," said Mr Gratton.

The Assistant Principals have made their goals clear and have made a promise to the students and staff to complete them.

"I want to continue making a great school great."



Photo by John Raulli

Windham High School Assistant Principals Mr. Blair, Mrs. Hanlon, and Mr. Gratton

### Trebuchet day returns to WHS

By Robert Mondello

JagRoar Staff

WINDHAM -Is everyone familiar with Trebuchet day and how it originated?

In celebration of the 10th annual Trebuchet Day, it's important to take a look back on these past years of the event. Trebuchet day was meant to challenge physics students on their mechanical and analytical knowledge. Mr. Kaplo, an AP Physics teacher, started this project 10 years ago at his former school in Cambell, Litchfield. Mr. Kaplo, believing this idea could help to test the skills of his students, decided to continue this event when he started teaching in Windham and since his arrival, Trebuchet day has become a staple here at WHS.

Students are expected to work through the mechanical errors and use their prior knowledge on physics to successfully launch a balloon in the castle centered in the middle of the baseball field around all the treb stations.

"The trebuchet never works right at the start," said Mr. Kaplo, whose goal is to give the kids an opportunity to test their physics knowledge in a project centered around trial and error, as well as the information they learn in physics.

"For our project, our goal is to hit Mr. Kaplo with our Trebuchet for the extra bonus points", said Vince Pap, a senior at WHS who is in Mr. Kaplo's AP Physics class this year. He added, "We plan to focus less on trial and error, and more on the calculations and kinematics."

According to a document made by lordsandladies.org, A Trebuchet from the medieval times was capable of hurling stones weighing 200 pounds with a range of up to about 300 yards. Students are expected to put their knowledge into building this medieval weapon but on a much safer scale. Many safety restrictions are required in order to receive full credit, according to the article "2021 Siege Engine Project" rubric. If a student's project is not being used in a safe fashion, they will receive a 0 for their whole design.

While we see some students seem to be very eager to go above and beyond the requirements, some just wish to get through the project with a decent grade. Some rely on math to get them a good grade, while others prefer to just wing it. John Raulli, another senior of WHS and AP Physics student, said that due to unfortunate circumstances, it has been difficult to work with his partner, and he is praying for the best

during the trials.

Whether students choose to work through the mechanical errors by using trial and error or by using prior knowledge of math and physics, Mr. Kaplo sees this event as a learning opportunity. and a way to critically challenge his students. He hopes that the outcome, despite whatever issues occur during the students' creation processes, are working Trebuchets that are prepared for launch.



**Photo by Dan Albu** 

Miggy Aquino prepares his trebuchet for the big day

### WHS students take ASVAB: the career explorer

By John Raulli JagRoar Staff

WINDHAM – Juniors and Seniors at Windham High School will be taking the ASVAB on Wednesday, October 20 and Thursday, October 21st. Juniors and Seniors will go to the Gym to take the ASVAB on their days respectively. However, what exactly is the ASVAB and what does it tell you?

The ASVAB is a career exploration program. Originally, this was a test used

solely by the military to determine jobs new recruits would be able to do. Over time, schools began to take the ASVAB as its accuracy could be used to help guide students on the right path.

"The ASVAB is an aptitude test that measures your ability to learn what they teach you in school," said Nick Parker, a WHS senior who is enlisting in the Navy. Mr. Parker also stated that "The ASVAB tells you what basic things you learned in high school and tells you what job you could have in the future." The basic

idea behind the ASVAB is to help students find a future career.

The ASVAB has clear benefits to school guidance, but why does it matter to students? Carolyn Ortiz, a WHS guidance counselor, answered, "To assess what careers may be more of a match to you." The main point of students taking the ASVAB is to help students find a career they may be interested in.

So now you know what the ASVAB is, but how does it work? According to the

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### People Sick of Devious Licks

**By John Raulli** JagRoar Staff

WINDHAM – Devious licks is a trend where students steal objects or destroy property at their school. Some students take small items like soap or paper towel rolls while others create greater damage, such as destroying sinks and ripping off stall doors.

Why do people do this? The simple reason is to gain attention and acceptance. Most students participating in devious licks want attention but do so without realizing the financial cost or annoyance they are create.

"Devious licks are ridiculous," said Steven Sierpina, principal of Windham High School. "[The trend] is instigating kids to harm schools, taking away a learning envi-

ronment and in some cases causing kids to face legal consequences."

Devious licks are not good for a school environment nor are they good for students who participate in the trend. The repercussions include schools losing resources and students facing charges against them. "The cost of devious licks is quite big," said Mr. Sierpina.

Jack Caldwell, a Junior at Windham High School agrees with the statement stating, "Just to go to the bathroom from my class, I had to go to the basement bathroom," since people have vandalized the utilities. Everyone is getting sick and tired of deviousness, yet why are people still doing it?

According to a CNN article, "Tweens and teens are vulnerable to peer pressure and are trying to establish where they fit

in socially." They need to fit in and that devious licks are the way they accomplish this. However, there is another way to be noticed and gain the respect of your peers.

Angelic Yields are the counter to devious licks where people do good in their schools yet barely any exist. "I've heard of it" said Mr Sierpina, "but I hear far less about it and wish it took off instead of devious licks." Caldwell stated, "I have [heard about it]— I think they are great but [they are] outnumbered by devious licks."

"The time of devious licks is coming to an end, and maybe soon Angelic yields will come into popularity." Caldwell noted that angelic yields are "a good way to say we are done with devious licks.

### WHS Parking Regulations

**By Robert Mondello** JagRoar Staff

WINDHAM - Since the COVID-19 remission during the latter half of the 2020-2021 school year, students have finally been allowed to come back to school full time. As a result of this change, administration has revived a student parking policy that has been put aside for a couple of years due to a lack of administrators.

The decision to change the parking spots has not been met with good reception by the students, with many expressing dislike for the assigned spot system, and the \$5 parking fee.

These changes have been endorsed and even praised by the new assistant principal, Mr. Blair.

With the addition of Mr. Blair as a third Assistant Principal, the administration feels comfortable bringing back assigned spots. They believe that students will choose to handle parking situations responsibly and report anyone violating



**Photo by Robert Mondello** 

Kameron Carpenito displays his WHS parking pass, as he prepares for the school day.

the policy.

If any student is parking with outreceiving an official slip from the office, they are highly encouraged to follow the instructions sent out by Ms. Hanlon and obtain one as quickly as possible.

#### WHS Security

**By Robert Mondello** JagRoar Staff

WINDHAM - WHS Resource Officer Antista and a number of maintenance staff, have maintained a safe working environment through different security techniques as well as student safety protocols.

The resource officers as well as administrators keep threats outside of the school by conducting daily perimeter sweeps of the school and parking lot. They deal with potential threats quickly to keep the school safe.

"There are many facets that go into [security], there is the physical aspect and then there's stuff like monitoring the security cameras" Officer Antista said when asked what takes priority in maintaining school safety.

Officer Antista said that school has always been taking safety seriously. He brought up the fact that when the school was built, many school shootings were taking place across the country in cities such as Cambridge, Chicago, and San Francisco. He believes this is why safety has always been a priority.

In the case of a threat to a students life, he recommends that Avoid Deny Defend method which encourages potential victims to take action against a threat.

Officer Antista referenced the WHS Emergency Plan which is posted all around the school and in each classroom for additional safety precautions.

#### **Continued from page 8**

ASVAB website, the ASVAB is a test about your general knowledge and ability to learn General Science, Arithmetic Reasoning, Word Knowledge, Paragraph Comprehension, Mathematics Knowledge, Electronics Information, Auto Information, Shop Information, and Mechanical Comprehension. The ASVAB combines this with each student's personal preference of work values and interest areas.

Now that you know what the ASVAB is and what it is, the last thing is your score. To view your results of the ASVAB, you will be sent a code to view your scores digitally.

### 10,000 John Deere Workers Strike

By Drew Anderson JagRoar Staff

On Thursday, October 14, 10,000 members of the United Auto Workers union (UAW) went on strike against Deere & Co., more commonly known as John Deere. The strike followed a tentative deal reached by UAW for a new six-year contract with Deere & Co. Over 90% of the workers in UAW then voted to reject the deal, citing inadequate wages and benefits among other things. Deere & Co. spent the next three days attempting to renegotiate the contract but were unable or unwilling to do so satisfactorily in time to avert the strike.

The United Auto Workers union is a union that represents workers in industries such as automobile manufacturing, auto parts manufacturing, higher education, healthcare, and others. Labor unions are organizations that represent workers in certain industries. They work primarily to organize workers into a collective and bargain with employers for higher wages, more benefits, and safer working conditions using the leverage that collective bargaining provides. Usually, union representatives are able to successfully meet the needs of the workers they represent and negotiate a contract that is at least good enough for the workers to vote through. When enough of the workers feel that they are being treated unfairly however, and the employers refuse to budge, the workers can strike. In a strike, the workers attempt to pressure employers by refusing to work until their demands are met

The UAW workers of John Deere are striking for better wages in the face of skyrocketing profits for the corporation. In 2020, John Deere made over \$2 billion in profits, and they are predicting that they will more than double that this year with \$5.7 billion in projected profits. Deere's CEO also received a \$15.6 million salary, a raise of a staggering 160% from the previous year. At the same time, with this new contract Deere aimed to raise the cost of healthcare coverage for their workers, cut all overtime pay, and offer only a \$2-3 per hour raise over the next three years.

The workers on strike claim that these decisions are greedy and exploitative, demanding that Deere reverse their decision to cut back on benefits and offer higher wages so that the laborers are permitted to share in the profits they generate.

As of October 31, it seems that the UAW picketers have reached a tentative agreement with Deere & Co. This proposed contract includes an immediate 10% raise (increased from 5%); two additional 5% raises in 2023 and 2025, totalling 20% over six years (increased from 10%); an option for new hires to choose between a pension and a 401k; and a slight increase to pension payments for new hires. While this contract is certainly a better deal for the workers than the previous one, it is still missing much of what they demanded, including more affordable health-care. It remains to be seen whether the UAW members will vote to accept this deal or continue the strike in hopes of fairer treatment by their employers.

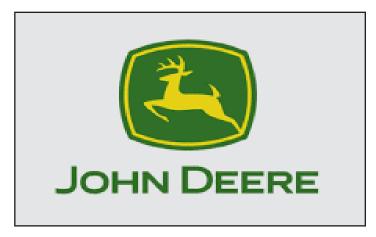


Photo Credit John Deere John Deere logo

### Diving Into the Unknown

By Charlie Marsh JagRoar Staff

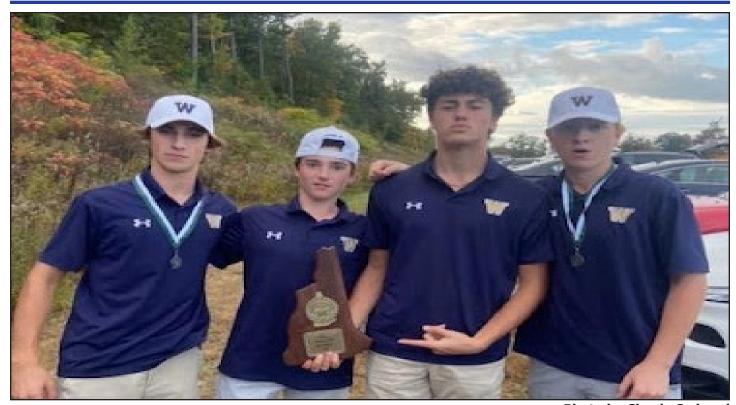
FOXBORO - Members of the collective scientific and educational community revel at great breakthroughs in scientific understanding. Whether that be Einstein's general relativity, Genetic modification, or the recent capture of a black hole, these discoveries can alter perceptions of the world. As enthusiastic as these breakthroughs can be, sometimes identifying what is unknown is just as significant to the scientific community. This might be the case with the understanding of the universe today. In Science Focus's "Cracks in Cosmology" it is revealed that collective understanding of the universe is not fault-proof regarding new information today. However, these findings come with great enthusiasm pointing to a crowded future of scientific discovery and understanding.

As the article highlights, much of the understanding of the universe today is based on the Big Bang Theory, a concept that has been heavily studied and generally accepted since its creation

in 1931 by cosmologist Georges Lemaître. The theory illustrating the inception of the universe has historically offered leading explanations for phenomena such as expansion of matter, consolidation of galaxies, and relative age of the universe. Upon reception of new information and research, scientists widely expected the data to affirm the constructs of the leading scientific models of the big bang. However, this was. not the case. Projections regarding the dispersion of matter, expansion of the universe, and relative timelines of galaxy formation have all been recorded to be incongruent with new data. What could be the explanation for these faults?

Scientists across the world contend that Dark Matter is the answer. The mysterious entity promises to bring some of the most significant scientific discoveries of the near future. Scientific setbacks can often be depressing, but this recent 'setback' in universal projections is one the most enthusiastic in years. The understanding of Dark Matter in years to come may be a key piece in the complicated puzzle of galactic knowledge.

# **Jag Sports**



**Photo by Chuck Swierad** 

Windham High School Golf Team 2021 State Championship held at Rochester Country Club (Left to right: Nick Furnari, Nate Crowley, Chris Billone and Brayden Lord)

### Jaguars Golf team shoots for hole in one

By Jackson Milano JagRoar Staff

WINDHAM - As the Windham High School Golf season wrapped up, the Jaguars prepared the Division II State golf qualifier which took place on October 14th at the Rochester Country Club in Rochester, NH.

Team captain, WHS Junior, Brayden Lord said, "We knew it was going to be hard to pull off and needed some low scores and...to go out and play hard against Oyster River.... The team was able to make many adjustments with the roster and find ways to improve and help each other and find ways to get better individually and as a team."

The road to the State Golf Division II Championship was no cake walk for the Jags. Senior Chris Billone said, "We competed against seven other teams as well as other players from teams, all added up to about 14 teams and around 90 kids."

Billone qualified in the top 14th individual player category with a score of 84. Other WHS Jags that placed in the top 14th individual category were Nick Furnari, Aaaron Osiek and Alex Ryan, according to RallyNorth "Windham's Furnari No.6 qualifier".

Windham finished second to Oyster River. The top three team scores were Oyster River 389, Windham 398 and Winnacunnet 402 according to The Eagle Tribune "Local roundup Azevedo, North Andover prevail."

Alex Ryan, WHS Senior, said, "We came together when we had to play Oyster River the second time at Windham. They are a really tough team, and we had a good match every time we saw them."

Working with one another to improve their own skills seems to be a recurring theme for the Jaguars. The amount of time spent with one another created a strong bond between the players.

"We had to come together this year

through practicing together and just overall having good times as a team and getting along very well," said Billone.

"We had some great chemistry out there and were all able to bond," said Lord.

Although these are not the results they hoped for, both WHS Seniors Ryan and Billone plan to continue golfing on a leisurely level. "I will most likely just play for fun with my buddies and dad," said Billone.

Ryan said, "I wanted to play my last year of competitive golf, so I think my future in golf may be more leisure."

Team captain Braydon Lord, along with other returning players look to build off all they have accomplished this season. "I still have one more season of high school golf and hopefully can prove who I am as a golfer and who the Windham High school team is."

Overall the future looks bright for the Windham Jaguar's golf team.

### Project Blackout

#### By Reagan Murray JagRoar Staff

WINDHAM - Project Blackout is a nonprofit organization dedicated to raising awareness of pediatric cancer through events and athletics. This year six schools hosted Blackout Cancer games. During Windham Blackout Cancer Week (September 10th through 17th), Windham residents, schools and businesses rallied behind this important cause. Windham athletic teams dedicated their games to pediatric cancer.

Blackout Cancer Day was Friday, September 17, 2021. Participants wore the 2021 Blackout Cancer t-shirt to school, and then to the Blackout Cancer football game in the evening at WHS. These shirts showed love and support for patients battling cancer.

Students from all four Windham schools and area preschools collected small toys to deliver to children undergoing treatment at Tufts Children's Hospital. All proceeds from the town-wide activities went to pediatric cancer research at Children's Hospital at Dartmouth and Windham Helping Hands Pediatric Cancer Fund to help families in town.

WHS Senior and Varsity Football Play-

er Cole Peterson said, "Football is a sport very close to my heart. I've been playing since the Windham Wolverines in the 3rd grade. Each year I would come to watch my older brother play football at the high school and vividly remember the black out game.... I would sit on the hill with my parents to watch my brother and dream of getting the opportunity to play. Over my 4 years I have enjoyed playing this game very much. It brings excitement and joy to myself especially knowing that I am playing for the kids and for a good cause."

Project Blackout has raised more than \$150,000 for cancer research and support. This event Started in honor of Cole Stoddard, who died of neuroblastoma at the age of 5. Michelle Stoddard, teacher at Golden Brook School and Cole Stoddard's mother said that the shirt sale is the biggest fundraiser and a great way to show solidarity for not only the memory of her son but for all who are battling cancer at such young ages.

Former WHS student Matt Logue participated in the preparation for this event. Logue is now a sophomore in college and has seen this event take place quite a few times. He said, "when I think of the blackout game I think of all the little kids we as a community are helping battle cancer which makes me feel good and proud to be a part of something with such greatness.... When I was in middle school I was a part of the Windham Wolverines and the Wolverines program introduced me to this event and since I was a student at the high school all four years it was always something to look forward to and a big deal during the week leading up to the game. I enjoy the blackout game every year and it is amazing to see the outcome each year of this event."

The blackout game has a different meaning to everyone, but it unifies the community and fills it with love, strength and compassion to the ones who suffer from childhood cancer.

#### **Upcoming Events**

#### Cross Country:

November 6, NHIAA Meet of Champions November 13, New England XC Championships

#### **Boys Basketball:**

Varsity: December 5, Souhegan

December 10, Londonderry Athletics December 14, Trinity High School December 17, Salem Athletics December 20, Bedford December 22, Merrimack

JV: December 10, Londonderry Athletics December 14, Trinity High School December 17, Salem Athletics December 20, Bedford December 22, Merrimack

Freshman: December 5, Nashua North

December 10, Londonderry Athletics December 17, Salem Athletics December 20, Bedford

#### **Girls Basketball:**

Varsity: December 7, Manchester Memorial December 10, Londonderry Athletics

December 10, Controllerly Athleti December 14, Trinity High School December 15, Alvirne December 17, Salem Athletics December 20, Bedford December 22, Merrimack

JV: December 7, Manchester Memorial December 10, Londonderry Athletics December 14, Trinity High School December 15, Alvirne December 17, Salem Athletics December 20, Bedford December 22, Merrimack

#### Wrestling:

December 8, Nashua North

December 15, Keene High School

December 18, Nor'Easter Invitational

#### **Hockey:**

December 11, Pinkerton Academy

December 15, Londonderry Athletics

December 20, Nashua South

December 22, Manchester Central



Photo by Mr. Blair

Players in the 2021 Blackout Game signed a helmet

### Red Sox run at the play-offs

By Aaron Osiek JagRoar Staff

BOSTON – Who would've known the RedSox would make it to the playoffs?

Last year the Red Sox were looking at a totally different story. They came in last place in the AL East, now they are competing in the ALCS to get to the World Series.

The red sox came into this season looking for a bounce back and they did just that. They defeated the New York Yankees and the Tampa Bay Rays to get where they are now, the ALCS against the Houston Astros.

Once the 2021 season started they won nine out of their first 12 games. Once the 2021 season came to an end they were sitting at 92 wins and 70 losses. They were tied with the New York Yankees for a playoff spot. The Red Sox and the Yankees had to play a one game series determining who would make it into the playoffs to face the Tampa Bay Rays. Ever since that one game series against the Yankees it seems that they have almost been unstoppable.

The whole team has been performing at a top tier level, but one notable player that has that extra edge is Kike Hernandez. Braydon Lord, a student at Windham High School who loves baseball, talks about who he thinks the best player is right now, "Kike Hernandez for sure, he is just lethal at the plate."

According to Fox Sports journalist writer Jordan Shusterman,

"Hernandez is in the middle of a hot streak for the ages. He is 16-for-32 this October with five homers." Being able to bat .500 is unreal, especially in the playoffs when the competition becomes a lot tougher.

Adam Koza, a baseball player at Windham High School says, "their hitting is going to be a factor if they make it to the world series." But that's not the only factor that has to go their way...

Another key factor for the Red Sox is their pitching staff. The pitching staff is what makes a great team, behind their offense. Evoldi has filled those shoes perfectly for the pitching staff. CBS journalist John Tomase goes on to explain the stats of Eovaldi throughout the 2021 playoffs, "Eovaldi is 1-0 with a 2.61ERA." Being able to have a steller offense and pitching staff, fills all the spots for a good playoff run. Which is exactly what Mason Rice said, "1-7 in the batting order is scary... Our defense is also known as one of the best in baseball."

There is nothing that isn't going in the favor of the Boston Red Sox right now. They have all the keys to the game and it is really fun to watch them perform. It's not just a game of talent Mason Rice says, what the real meaning behind baseball is, "The teams who have the best team bond are the teams that usually succeed the most." Overall everything is in their place for the Red Sox to win a championship, you just have to sit back and wait at this point.

### New England misses Tom Brady

#### Patriots fans hope Brady may play in New England once again

**By Joey Hero** JagRoar Staff

FOXBORO - Tom Brady's return to New England had some Patriots fans reminiscing. The former Patriots quarterback will always be remembered as one of the best quarterbacks to ever play. It's a well-known fact that Tom Brady is loved in New England. Even after leaving for the warmer climate in Tampa, he still has Patriots fans' respect. When asked why he thinks Brady is the greatest quarterback ever, WHS teacher and Pats fan Mr. Cirelli says, "Just the level of consistency he has had over his career. Looking at the statistics there is too much info to prove he isn't [the best]."

Statistics are quite literally proving why he is the top quarter-back. Brady has started in a record 10 Super Bowls, spanning 20 seasons. That blows others out the water. According to fivethir-tyeight.com, "he is the Super Bowl-era career leader in total QB value over replacement... beating [Payton] Manning and Drew Brees. He's also the career playoff leader, topping [Joe] Montana." Meaning he has performed the best statistically in the Super Bowl-era (1968-present).

With almost 20 years in New England, fans have many memories with him. WHS student and Pats fan Jesse Thompson's favorite memory was, "The Falcons Super Bowl." The unbeliev-

able 28-3 comeback that had football fans in awe after Brady's lead comeback.

WHS student and Pats fan Kolby Kurto remembers "His (Brady's) 400th touchdown pass." Brady became the fourth player in NFL history to throw 400 touchdowns in his career during a Week 3 win over the Jacksonville Jaguars in 2015. When asked when he became a fan, Mr. Cirelli says "Probably like after he won the first superbowl, it's the only jersey I own of all sports.

On October 3, 2021, in a hyped return to New England, Tom Brady faced his former team, the Patriots, and his longtime coach, Bill Belichick. The energy inside the stadium was electric. The fans were excited and ready. "It was a good game, a good closer, it needed to happen. And both sides were super respectful. Probably harder on Belichick than anyone else. I think people are questioning Bill more than Brady at this point and I think that was a deciding moment" Says Mr. Cirelli. The Patriots fell to 1-3, despite a standout performance from the rookie who has replaced Brady, Mac Jones.

After the game, during the post-game press conference, Brady was quoted saying "It's been a great stadium for me for a long time," Brady said. "I don't know what the future holds. Obviously it could be an opportunity to come back here. We'll see." Leaving Patriots fans with a bit of hope he may play in New England once again.

# Spirit Week



Photo by Kayla Stevens and **Toby Kennedy** Emily Upton and Toby Kennedy



Photo by Kayla Stevens



Photo by Kayla Stevens Lana Carboni Jackson Milano, Joey Hero, and Aaron Osiek



Photo by Kayla Stevens Sydney Miller.



Pep Rally (Sophomores and Juniors) watching cheer team.



**Photo by Aaron Osiek** Aaron Osiek and Mason Rice.



Harper Bull and Bella S.



(Left to right) Mia Akin, Brooke Byers, Marissa Andrews, Isabella Greenlee, Tori Maloney, Sammy George, Lola Behling



Juniors cheering at the Pep Rally.





Jackson Milano.



**Photo by Mrs. Sullivan** Mason Call and Ryan Ward.



Photo by Harper Bull Photo by Harper Bull Kayla Stevens.





WHS Dance Team performs at the pep rally.



Kayla Stevens and Morgan Veilleux

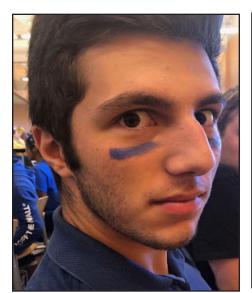
"I'm so excited for my first pep rally. Not gonna lie I'm a little nervous though cause I got forced to do dodge ball for my grade" -Kelly Wright

"I honestly think we should just do this every day. It's too comfortable." - Tessa S.



**Photo by Reagan Murray** 

Seniors Brooke Turner, Reagan Murray, Olivia Charest, Morgan Veilleux, and Jordan Dolliver show their team spirit on tailgating day



**Photo by John Raulli** Nick Parker shows his senior spirit



**Photo by John Raulli** Junior Emily Manning playing tug of war

"How do SO many people just own cowboy hats?"- Harper B. "I think they are fun

and a nice way for students to have a break, show school spirit, and connect with one another in a fun way." -Mrs.Cole



Photo by Mr. Cirelli



WHS Freshman cheer on thier classmates during pep rally games.



Photo by Mr. Cirelli

WHS sophomores cheer their classmates during spirit week pep rally...



Seniors Brooke Turner, Reagan Murray, Jordan Dolliver, Morgan Ross, Cassie Faria, Alex McDonugh, Jordan Davey, Jordan Lavery, Olivia Charest, Kayla Stevens, Olivia Halloran and Morgan Vielleux show off their 80s style

"I'm kind of sad today is a half-day, I wanna be a cowboy ALL day"

-Morgan Veilleux

"I work at a golfcourse so todays spirit day was really easy for me, cause it's practically my entire wardrobe" -Jordan Lavery "The 70s never looked so young and hip." - Finn R.

"This 80s hair is giving me a headache. I'm not used to having a ponytail this high on my head" -Kalei Wallace



**Photo by Reagan Murry** Freshmen Lila Boucher, Avery Stefinities, Sarah , and Amelia Bushey



Photo by Harper Bull

Bella Tran and Ava Sanchez show their country spirit